# Newton at Home 2015 ANNUAL REPORT

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

- Maya Angelou

cover photo by Bonnie Greenberg



Dear Friends,

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

- Maya Angelou

Along with Maya Angelou, we believe that how we make our constituents feel is of deep and lasting significance.

Most of our members are among Newton's more senior residents. Our goal is to understand each individual's unique needs and meet them. Some constituents look to us solely for practical services such as transportation and food shopping. Others seek social engagement and community connection or just to know that there is someone they can call when they need assistance.

NAH is special because we spend time getting to know our members in order to provide them with customized support.

It starts with a home visit the day they join. This gives us a sense of a new member's needs and how we can help. From that day on they become part of the Newton at Home family and know they can always rely on us for services, referrals, support and advice.

These relationships create positive feelings of well being and a high quality of life.

This human face of Newton at Home requires immense effort from our dedicated staff and volunteers. We are grateful to them and to the Newton at Home Board of Directors who have given guidance and support to all our endeavors.

Thank you for all your good work.

Sincerely,

Maureen Grannan Executive Director

Stephen R. Logowitz and Deborah Jackson Weiss Board Co-Presidents

#### **Newton At Home**

Statemen	t of Financial Position	Year Ended 30-Jun-15	
Assets			
	Cash and equivalents	\$ 61,015	98%
	Equipment (computers and office furniture)	1,009	2%
Total Assets		62,024	
Liabilities		6,976	
Net Asset	s		
	Unrestricted	44,799	81%
	Restricted	10,249	19%
Total Net	Assets	55,048	
Statemen	t of Operations		
Revenue			
	Membership Dues	\$ 88,737	49%
	Donations to General Purpose Fund	87,481	48%
	Donations to Restricted Funds	1,340	1%
	Newton-Wellesley Hospital Program	2,000	1%
	Events	871	
	Interest	64	
Total Revenue		180,493	
Operatng	Expenses		
	Payroll	150,849	82%
	Rent	9,600	5%
	Office and related Expenses	13,437	7%
	Communications and Marketing	4,152	2%
	Insurance	3,247	2%
	Other	3,721	2%
Total Operating Expenses		185,005	
Net Operating Results		-4,513	

OFFICERS	<b>BOARD OF DIRECTORS</b>	STAFF		
Co-Presidents	John F. Adkins	Executive Director		
Stephen Logowitz	William J. Brisk	Maureen Grannan		
Deborah Jackson Weiss	Paul Davis	Coordinator of Community		
Vice-President	Deborah Dickey	Partnerships and Volunteers		
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Secretary	Rachel Kagno			
Anna Lemieux	Emily Myer	Member Services Coordinators		
	Cynthia Pill	Barbara Butterworth		
Treasurer	Josh Weiss	Hannah Goldberg		
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## Feelings They Will Never Forget

July 2014 through June 2015

From its beginning, Newton at Home has been concerned with how we make our members feel. Our goal has always been to enable them to live life to the fullest by providing practical services and social activities that help them feel secure, connected, recognized and supported. During the past year NAH's staff and more than 100 dedicated volunteers worked hard to make that goal a reality. This report highlights some of the many ways it was done.

## "Just knowing they are there brings such peace of mind."

Security is knowing that no matter what the problem or issue, NAH members can rely on Newton at Home



Winter Buddies offered members security and peace of mind during the worst of the winter storms.

Photo by Dorothy Anger

for assistance, advice and referrals. Our Winter Buddies program is an excellent example, and it was really put to the test this year. The program paired 49 members with volunteers who alerted them to impending storms and ensured that they were safe. Many snow-bound members needed additional help with food, errands, ice and snow removal and leaks caused by ice dams. NAH was there for them as well,

fielding more than 600 snow-related phone requests and making referrals to reliable roofers and snow removal services.

#### "Since I joined NAH I've socialized more and even made some new friends. It's been wonderful for me."

Many new members struggle with isolation and loneliness, but NAH affinity groups help promote meaningful connections. This year we started a Spanish conversation group as well as a men's cooking class that attracted some great culinary talent. Two book clubs, a play-reading group and several other affinity groups all flourished.

Connecting over food has always been a favorite member activity. This year, in addition to our popular dining club NAH launched a new intergenerational dining experience in partnership with Newton North High School's culinary arts program. The four gourmet lunches students prepared and



Members of the men's cooking class. *Photo by Garrow Throop* 

served in the school's Tiger's Loft Bistro were enormously popular with members. Newton Senior Center members and participants in the city's Over 55 Recreation Program also enjoyed these meals.

Many NAH members found great opportunities for increasing their social and community connections by volunteering with NAH. Last year 37 members served as volunteer NAH drivers, worked in the office, shared their writing, graphic arts and photography expertise, helped with organizational technology issues, assisted with grant writing and served on the Board of Directors.

These and many other NAH activities gave members an opportunity to stay connected as they interacted with staff, other members and volunteers.

## "I feel so supported and appreciated just for who I am."

Transportation is indispensable to many of our members and remains our most common support service. Last year NAH volunteers provided 955 rides to members traveling in the greater Boston area. Big and small jobs around the house constituted a major source of member support as well. NAH volunteers performed a wide variety of services including yard and basement clean ups, taking trash barrels to the curb every week, smoke alarm safety checks and ceiling light bulb replacements. Technology support continued to be in high demand with volunteers trouble-shooting hardware, unraveling the mysteries of smart phones and setting up wireless printers and computers for our members.

Vital Statistics					
	2014	2015			
Members	176	190			
Filled Service Requests	2183	2550			
Filled Transportation Requests	862	955			
Percentage Service Requests Filled By Volunteers	96.7%	96.4%			
Volunteer Hours	8060.7	7447			



Enjoying a good game of chess with the younger generation in one of many NAH intergenerational activities.

NAH also introduced a new initiative called *Nourish*. In a special arrangement with Food to Your Table, interested members were given an opportunity to enjoy a monthly distribution of unsold fresh produce from the Newton Farmers Market. Throughout the year, *Nourish* also recognized special events in the lives of 50 members when two talented NAH volunteers created beautiful fresh flower arrangements that were delivered to their homes.

#### "It was so much fun!"

Kayaking, yoga, tai chi and historic walks throughout the city lifted spirits with the sheer delight of being out of doors after a confining winter. Members also enjoyed concerts, several local theatrical productions, current event lectures, and an evening shared with Wellesley Neighbors at a Highland Jazz performance. This spring *Telling our Stories, Celebrating Our Lives* at the Newton Festival of the Arts featured five NAH writers who joyfully read their poetry, life stories and fiction. The Newton Free Library short story writing group co-sponsored the program.

In these and many other ways, NAH brought joy, security, connection, comfort and support to our members. This is what they never forget and is the measure of our success.

### DONOR LIST 2014 - 2015

#### \$10,000 and over

Anonymous

#### \$2,500 to \$5,000

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Marguerite McDonald